

EKYA SCHOOL

JP NAGAR



THE BULLETIN 2025

CAMPUS HIGHLIGHTS

Pre-Primary Annual Day: Nammoora Jatre

Our Annual day event, **Nammoora Jatre**, was a vibrant celebration of Karnataka's rich cultural heritage, blending tradition with festive spirit. It brought alive the essence of a traditional Jatre, filled with colourful sights, sounds, and the lively energy of folk dances, music, and performances. The children, dressed in traditional attire, showcased their talent in various art forms passed down through generations. Their confidence shone through in expressive dialogues, captivating dances, and compelling theatrical performances.

More than just an entertainment event, Nammoora Jatre was a beautiful link between the past and present, honouring age-old customs while embracing the evolving cultural landscape. This joyous occasion was not only a tribute to our roots but also a reminder that these cherished traditions will continue to thrive and inspire future generations. The event embodied the spirit of communal harmony, unity, and the timeless vibrancy of Karnataka's culture.



Service Learning Program: Project Zero Waste

As part of our **Service Learning Program**, we're excited to announce the successful installation of a compost bin on campus to manage our wet waste and create compost. We acknowledge and appreciate the efforts of the **SWMRT Team** for their invaluable support throughout this process. We also want to express our gratitude to **Ms. Aarthi** and **Ms. Anuradha** for leading a thought-provoking discussion on effective solid waste management practices.

Additionally, we had the opportunity to visit **Kalika Kendra**, where we learned more about composting and explored various types of composters. The experience provided us with valuable insights into sustainable waste management practices.

Moving forward, our dedicated core team, consisting of members from the Environmental Club and the Student Council, will oversee the composting process. Together, we are taking meaningful steps toward creating a greener, more sustainable campus, one compost bin at a time!

CULTURE AT THE CAMPUS



Ending the day on a positive note is just as important as starting it with energy and enthusiasm. For kids, this moment offers an opportunity to reflect on the day's experiences, learn lessons, and look ahead with hope. A powerful closing message, whether through an inspiring quote, a meaningful anecdote, or a short poem, allows them to carry something uplifting home with them. It reinforces the values of gratitude, kindness, and perseverance, leaving them with a sense of accomplishment and optimism. For example, sharing a quote like "The day you plant the seed is not the day you eat the fruit" can teach them patience and the importance of hard work. Ending the day with such positivity fosters emotional resilience, helping children navigate life's ups and downs with a calm and hopeful mindset. This small but impactful ritual creates a lasting foundation for future success and happiness.

LEARNING BEYOND THE CLASSROOM

Field Trips

Our recent field trips were filled with excitement, discovery, and unforgettable moments! Grade 1 students had a delightful time at the **Butterfly Park**, where they watched vibrant butterflies flutter around and learned about their life cycle. Meanwhile, their peers explored the Rangoli Garden, enjoying the colorful displays and nature trails. Grade 2 students visited the **Bird of Paradise**, where they got up close with beautiful birds, understanding their habitats and unique behaviors. The **Dairy Day Ice Cream Factory** was a sweet treat for our Grade 4 students! They witnessed the ice cream-making process from start to finish and, of course, enjoyed some delicious samples for our little ones in Montessori Senior and Junior, **Cake O Mania** was pure joy! They explored the art of baking, decorated cupcakes, and left with big smiles and even bigger appetites.

These trips were more than just fun—they sparked curiosity, encouraged hands-on learning, and created memories to cherish.



Summer Trips

We at Ekya are excited to announce an unforgettable summer adventure for students in Grades 6 to 9! This year, our summer trips will take students to the breathtaking island of **Sri Lanka**, where culture, nature, and adventure come together. From exploring ancient temples and lush tea plantations to enjoying wildlife safaris and pristine beaches, this trip promises a perfect blend of learning and fun. Students will also engage in hands-on cultural experiences, making it both an educational and enriching journey.



Work Exposure Program

As part of the Work Exposure Program at Ekya, we've taken an exciting step toward bridging classroom learning with real-world experiences. Students have been thoughtfully mapped to various organisations based on their interests and aspirations. This initiative aims to provide them with hands-on exposure to professional environments, helping them make informed career choices. We are now looking forward to receiving offer letters from the participating organisations, marking the beginning of an enriching journey for our students from 7th April, 2025. Stay tuned as they step into the world of work, ready to learn, contribute, and grow.

WELL-BEING



As we approach the start of the exam season, the Well-being Department at Ekya has been proactively checking in with students to ensure that they are mentally and emotionally prepared for the challenges ahead. Our aim is to create an environment where students feel supported and ready to tackle their exams with confidence.

In addition to supporting students, we recently held an important session for teachers on the impact of bullying. This session delved into the effects that bullying can have on students and the crucial role teachers play in fostering a safe, inclusive environment. We also took this opportunity to highlight Ekya's **Anti-Bullying Policy** and introduced our **Anti-Bullying Committee**, which is dedicated to addressing and preventing bullying within our community.

As part of our continued commitment to community health, we hosted an informative session for parents on Cancer Prevention and Care. **Dr. Vishwanath**, the **Founder of the CPOEM Foundation**, conducted this session, focusing on the importance of cancer awareness and prevention strategies. The CPOEM Foundation is a non-profit organisation dedicated to raising awareness about cancer through webinars and educational sessions, and we were fortunate to have Dr. Vishwanath share his expertise with our parent community.



A Different Conversation About Cancer

As a parent first and an oncologist second, I bring a unique perspective to our conversation as we put our families at the heart of every discussion. That's what makes this conversation different.

Parents Supporting Parents
We'll approach cancer awareness through the lens of family strength and resilience, sharing practical wisdom that only parents understand.

Focus on Hope and Action
Instead of dwelling on statistics, we'll explore how families can empower themselves through knowledge and community support.

Building a Better Future
Together, we can build a better future for our families.

EKYA SCHOOLS **CMR**

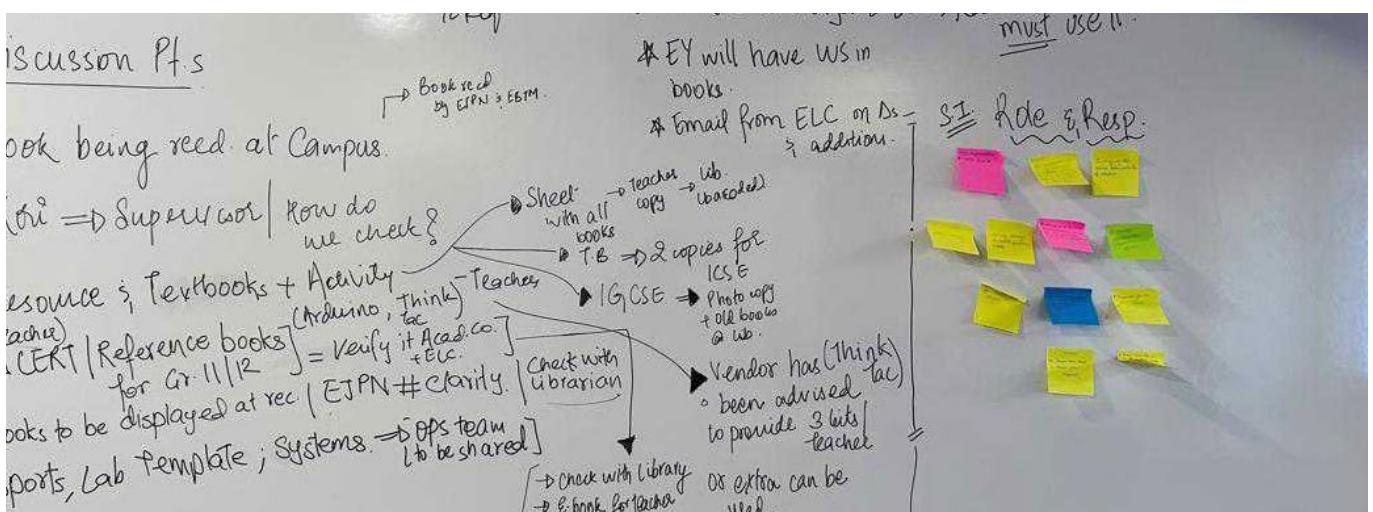
Empowering Families Through Cancer Awareness

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PROFESSIONAL DEVELOPMENT

- The Professional Development team met new teachers who have joined our ecosystem and facilitated a Pre-Service training program.
- We also had a one-day training program for the Assistant Managers across campuses.
- We then had a Culture session on Building Aware, Compassionate and Engaged Teams for our central office team members.
- We offered two workshops on **Cultivating Curiosity: Inquiry-Based Learning for Young Minds and SEL in the Early Years: Nurturing Empathy and Emotional Intelligence**.



LEARNING & INSIGHTS

Science at Ekya is dedicated to nurturing a profound understanding and mastery of scientific concepts through an **inquiry-based approach**. Our main goal is to spark students' curiosity and build their critical thinking skills, enabling them to explore and unravel the mysteries of the natural world. The curriculum is carefully designed to build on each concept step by step, ensuring a cohesive and comprehensive development of scientific knowledge. This approach lays a robust foundation for advanced scientific exploration, fostering innovation, and equipping students with exceptional problem-solving abilities essential for future scientific endeavours.



Cell Model activity promotes a deeper understanding of cell structures and their basic functions by encouraging students to investigate how cells contribute to life processes within organisms. By constructing cell models, students gain insight into the strengths and limitations of conceptual representations, exploring how models help communicate scientific ideas effectively. This hands-on project integrates creativity and critical thinking, fostering a strong grasp of the **"structure and function"** relationship in cells. This experience bridges conceptual learning with practical application, supporting students in making connections between cellular biology and its role in the larger context of living organisms.



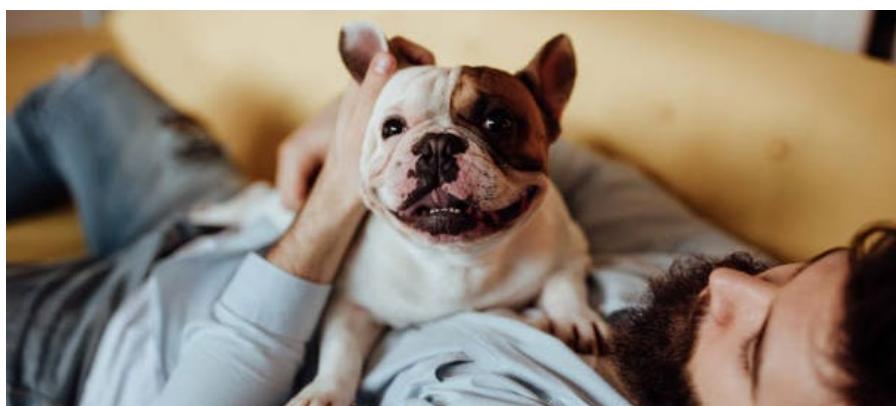
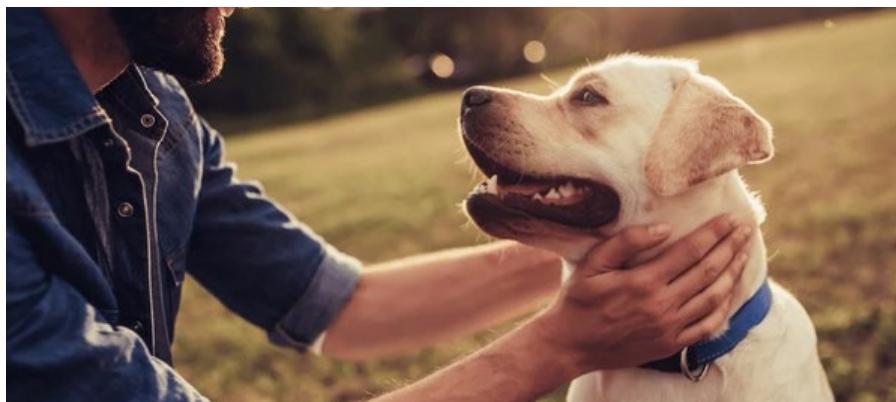
Dream Bike Project challenges students to design a lightweight, durable bicycle frame using composite materials. They apply knowledge of the periodic table, chemical bonding, and material properties to create detailed blueprints, a prototype sketch, and a poster on one element used in the frame.

This activity deepens students' understanding of how atomic structures influence material properties and bonding types. By integrating creativity and scientific principles, students enhance problem-solving and communication skills while connecting chemistry concepts to real-world engineering.



Create an Ecosystem activity immerses students in addressing ecological imbalances by designing a model ecosystem. Acting as ecologists, students investigate the interdependence of biotic and abiotic components to propose solutions for maintaining ecological balance. This hands-on activity helps students understand the structure and function of ecosystems while fostering analytical and problem-solving skills. It encourages a deeper appreciation of the delicate balance needed for mutual survival, linking theoretical concepts to real-world environmental challenges.

STUDENT EDGE



Dogs-Man's Best Friend

Dogs are often referred to as "man's best friend" for good reason. Their loyalty, affection, and playful nature make them incredible companions for individuals and families alike. Whether you're looking for a fun-loving playmate or a comforting presence, a dog has the ability to bring joy and fulfillment to your life in more ways than one. One of the most heartwarming aspects of owning a dog is the companionship they offer. Dogs have an innate ability to bond with their owners, providing unconditional love and affection. After a long, stressful day, coming home to a wagging tail and a joyful bark can instantly lift your spirits. They seem to understand when you're feeling down, often snuggling up next to you or resting their head on your lap as if to say, "I'm here for you." This companionship is not only emotionally fulfilling but also has been shown to reduce stress and anxiety, improve mood, and even help with depression.

Dogs are also incredibly playful creatures. Whether it's a game of fetch, tug-of-war, or simply chasing their tail, they know how to have fun. Their energy is infectious, and their playful antics can bring laughter and happiness into a home. They love spending time outdoors, which encourages family members to engage in activities like walks, hikes, and trips to the park. For children, a dog becomes not only a playmate but also a source of learning about responsibility and empathy. In addition to being fun, dogs can also help strengthen family bonds. Taking care of a dog requires teamwork. Feeding, walking, and

playing with the dog together helps create routines that involve the whole family, fostering cooperation and shared responsibility. Moreover, dogs often act as a calming presence during stressful times, providing comfort with their steady, loving nature. In short, a dog is much more than a pet; they are a loyal friend, a playful companion, and an integral part of the family. Their ability to bring joy, laughter, and love into a household makes them truly special. For many families, life just wouldn't be the same without a dog by their side.



AADHYAA PRABHU
Grade 9A

LEADERSHIP CORNER



The Timeless Benefits of Offline Games

In today's digital age, online games have gained immense popularity. With their captivating graphics and engaging gameplay, they offer entertainment, education, and even social interaction in the comfort of our homes. However, there's something truly irreplaceable about offline games—games played outdoors or in person with friends, family, or teammates. These games not only provide joy and physical exercise, but they also teach us essential life skills that shape our character and strengthen our relationships.

One of the key benefits of offline games is the opportunity to develop teamwork. Whether it's a friendly game of football, volleyball, or even a board game, these activities encourage collaboration, where players must work together towards a common goal. We learn to support each other, divide responsibilities, and celebrate successes as a unit. The beauty of offline games is that they build a sense of Trust and Friendship that online games often can't replicate.

Moreover, offline games help nurture empathy and compassion. When playing with others, we understand their emotions, struggles, and reactions. We learn to adjust our behaviour to make others feel comfortable and valued. Whether it's encouraging a teammate after a mistake or celebrating their victories, these experiences teach us the importance of understanding and supporting one another in both games and real life.

The value of friendship is another crucial lesson learned through offline games. When we play together, we forge connections with others, creating lasting bonds. These connections often extend beyond the playing field, allowing us to cultivate meaningful relationships built on trust, respect, and shared experiences. In a world where digital connections sometimes replace face-to-face interactions, offline games remind us of the power of in-person relationships.

Additionally, playing offline games can enhance communication skills. Whether it's negotiating rules, discussing strategies, or simply engaging in friendly banter, these games teach us how to express ourselves clearly and listen to others. The social interaction involved also strengthens our conflict resolution abilities, as we learn to communicate effectively, make compromises, and find solutions without resorting to arguments.

Finally, there's the physical aspect. Offline games encourage us to get outdoors and be active, which brings numerous health benefits. From improving cardiovascular health to enhancing muscle strength and coordination, the physical activity involved in offline games is essential for maintaining a healthy lifestyle.

In conclusion, while online games offer their own set of advantages, offline games provide invaluable life lessons that help us grow as individuals and as members of a community. They teach us teamwork, empathy, communication, and the importance of physical well-being. So, next time you get the chance, step outside, gather your friends, and enjoy a game that will not only entertain you but also enrich your life in ways that no virtual experience can match.



**SAHANA GAUTHAM
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CCA Coordinator

