



# THE BULLETIN

JULY 2024



## CAMPUS HIGHLIGHTS

### Yoga Day

On International 'Yoga Day', our pre-primary students were introduced to the concept of yoga and its benefits. They performed a few simple animal poses and breathing exercises that can help them develop strength, flexibility, concentration, and mindfulness. Most of them were looking forward to this day and being a part of this celebration.



## Family Fiesta

The 'Family Fiesta' was a resounding success. The entire campus buzzed with excitement as our teachers, with student help, organised a thrilling array of competitions and activities.



It was a delightful day filled with laughter and nostalgia, allowing parents to step back in time and create lasting memories with their children. Games like kho kho, three-legged races, and hopscotch brought back childhood joy, while activities like mandala art and puppet-making offered creative outlets. What a fantastic way to celebrate our school community.





## CULTURE AT CAMPUS

Each morning assembly ends with a powerful tool: a positive intention. Like planting a seed of optimism, it sets the tone for a successful day. This simple act primes our minds for greatness, boosting mood, focus, and motivation. Throughout the day, this seed blossoms into the courage to tackle challenges, the kindness to help others, and the determination to achieve our goals.



Let's start each day with intention and watch how each of us changes how we conduct with each other with this simple culture tool.



## LEARNING BEYOND THE CLASSROOM

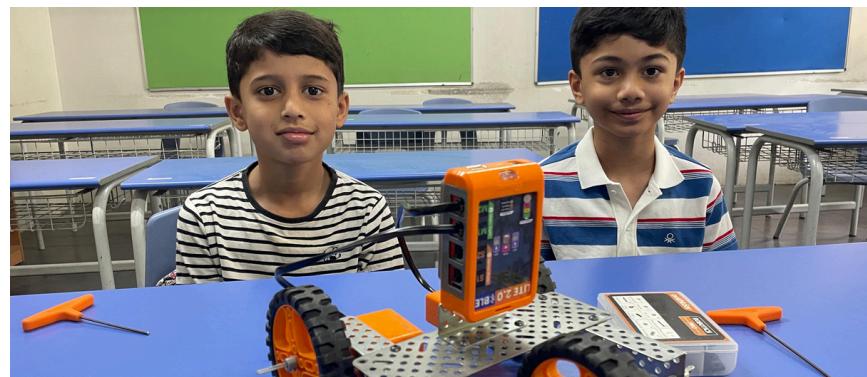
### Work Exposure Program

Work Exposure Program 2024, launched in April, provided high school students with real-world experiences. We partnered with 25 local organizations to offer 130 internships and job shadowing opportunities. The internship program comprised organizations spanning various fields such as Coding, Electronics and Robotics, Digital Marketing, Space Research, MIS reports, Digital Marketing, NGO, Cyber safety, and Design. A total of 97 interns completed the program, gaining valuable insights, developing professional skills, and reporting a significant boost in confidence and clarity regarding their future career choices.

## Wrap Around Program

The 'Wrap Around program' are all set to begin in July and focuses on after-school activities that cater to diverse student interests. From STEM clubs and robotics to dance classes and creative writing workshops, the program aims to provide a holistic educational experience.

These activities not only help students unwind and have fun after school but also promote essential life skills such as creativity, critical thinking, and collaboration. If you have not registered yet, please do so on your campus.



## Summer Camp

The Summer Camp Program, conducted from 1st April 2024 to 19th April 2024 was a tremendous success. It offered a variety of activities including arts and crafts, sports, music, drama, and robotics workshops.

The program was designed to cater to the students' Mind, Body and Soul. It was both educational and fun, providing students with an opportunity to explore new interests, develop skills, and make new friends.

The feedback from both students and parents has been overwhelmingly positive, with many appreciating the engaging and enriching experience.





## Transitional Outbounds

Ekya Schools is making sure students conquer more than textbooks this year. To ease the transition into a new grade, we whisked our students away on exciting 'Transitional Outbound Experiences' around Bangalore.

Imagine exploring amazing places, making new friends, and starting the year feeling energised and ready to learn. That's exactly what our Ekya students experienced!

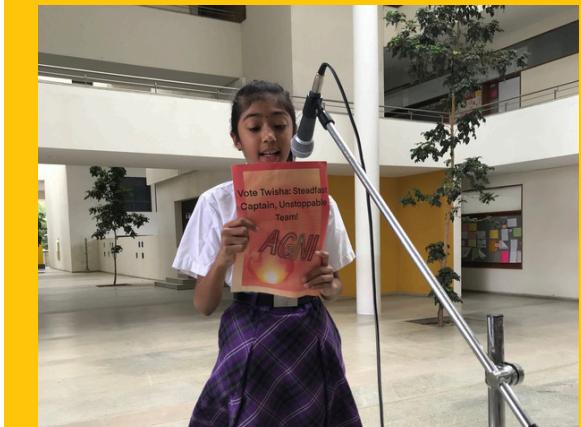


## Student Council Activities

The Ekya Schools community buzzed with excitement as we geared up for another year of impactful student leadership. The Student Development Body Team was thrilled to witness the commencement of student council activities across all Ekya Schools. The journey began with a call for nominations, where enthusiastic students across grades expressed their passion for serving the school community.

This was followed by a rigorous process of candidate interviews, allowing them to showcase their vision, leadership qualities, and dedication to Ekya's core values.

The culmination of this democratic process saw the announcement of the newly elected student council leaders. These leaders will take center stage, ready to represent their peers, collaborate with faculty, and contribute meaningfully to the vibrant learning environment at Ekya Schools.





## PROFESSIONAL DEVELOPMENT

Our educators are also working to set their personal and professional goals with their school leadership.



We are excited about the new academic year and the opportunities it brings. Together, we look forward to achieving new milestones and fostering a thriving learning environment for all our students.



'The Professional Development Institute Team' is tasked with supporting our educators through the year. Educators across grades and learning areas underwent rigorous training covering curriculum, instruction, culture, and more, to be prepared for delivering excellent learning in their classrooms.





## LEARNING & INSIGHTS

### Mood Boards, Stick-y towers & paper tables

Students learn to pay attention to their surroundings which becomes a source of inspiration for them. Deep observations of different objects help them capture the play of light and shadow visually. They learn to present the objects as they see them. Students explore different materials to build models. They understand and apply the various concepts and principles that guide the making of the models.



## Learning Area Visual Arts & Makery

The visual art and makery curriculum is designed to nurture students creativity, imagination, and artistic expression while encouraging hands-on experimentation and innovation. Through a combination of visual arts and making activities, students explore various mediums, techniques, and materials to develop their artistic skills and engage in the process of creating. The curriculum emphasizes the importance of visual literacy, allowing students to understand, interpret, and communicate through visual means. They learn to analyse and appreciate different art forms, styles, and cultural contexts, broadening their understanding of the world around them.



# STUDENT EDGE

## **The Joy of Retro Gaming: A Trip Down Memory Lane**

Retro gaming has become an enduring passion for many, capturing the hearts of gamers across generations.

It's not only the ability to recall games from our childhood, but also a second chance to experience firsthand the simplicity and creativity that filled all eras of video games. This is no time travel.

It's rediscovering the basic joys inherent to video gaming. The very appealing thing about retro gaming is the simplicity of the games.

Unlike in our time, where games require complex control and one must spend hours learning how to play, they used to be simple and easy.

That kind of availability makes them highly inviting to both seasoned gamers and newcomers. What is more, their creative side lies exactly in the fact that the idea for every game they contain is always brand new—never put into use before and never heard from other games. This concept often tends to be very difficult to play.

Another reason that can explain why retro gaming means so much to us is the spirit of nostalgia. Indeed, these games are probably a reminder of their childhood for many people when life was so easy and careless.

It allowed us, for just that small piece of our day, to escape the complexities of modern life and be brought back to a time when our biggest concern was beating a high score or getting by a really tough level.

Retro gaming also offers a unique way to connect with history. By playing these games, we will have an idea of what kind of technological development, accompanied by cultural change, has been influenced by this industry throughout all those years.

The contribution is rich not only in perspective but also valuable for appreciating the development that has taken place with video games regarding being recognised as an art form and a form of entertainment.

In summary, the joy of retro gaming is bringing us back to a simpler time and allowing us to experience the creativity and innovation that propelled games and gaming forward.

If you are the old-school gamer or even the person who is keen on digging up some questions on the origin of gaming, perhaps, retro gaming can be able to provide an entertaining and exciting experience for you.



**Harshitha Raravi**  
Grade 10B, Ekya JP Nagar

# LEADERSHIP BLOG

## Fostering a Growth Mindset: Nurturing Success

In the ever-evolving realm of education, one concept has garnered significant attention: the growth mindset. This philosophy, championed by renowned psychologist Carol Dweck, emphasises the belief that abilities and intelligence can be nurtured through dedication, hard work, and perseverance. For high school students navigating the tumultuous waters of grades 9 and 10, embracing a growth mindset can be transformative, paving the way for academic excellence and personal growth. During these pivotal years, students often encounter daunting challenges – be it rigorous academic work, demanding extracurricular activities, or navigating the complexities of social dynamics. Amidst these trials, a growth mindset serves as a guiding light, empowering students to view setbacks as opportunities for growth rather than herculean obstacles. By internalising the belief that intelligence is not a fixed trait but can be expanded through hard work and resilience, students are better equipped to navigate their academic journey with confidence and optimism.

Fostering a growth mindset hinges on cultivating a learning-oriented environment where effort is celebrated, mistakes are viewed as stepping stones to mastery, and feedback is embraced as a catalyst for improvement. In the classroom, educators play a pivotal role in nurturing this mindset by offering constructive feedback, encouraging risk-taking, and reframing challenges as opportunities for growth.

By emphasising the process of learning rather than solely focusing on outcomes, teachers empower students to adopt a growth-oriented approach to their studies. Moreover, students themselves play an active role in cultivating a growth mindset. By adopting strategies such as setting realistic goals, embracing challenges, seeking feedback, and leveraging resources effectively, students can harness the power of a growth mindset to propel their academic endeavours forward. Through persistence and determination, they can overcome obstacles, expand their intellectual horizons, and unlock their full potential. Beyond academic pursuits, a growth mindset permeates

all aspects of students' lives, instilling in them the resilience and tenacity needed to navigate the complexities of the modern world. Whether facing academic setbacks, personal challenges, or professional aspirations, individuals with a growth mindset approach life with a sense of optimism and agency, viewing challenges as opportunities for growth and development.

Although, nurturing a growth mindset among high school students is essential for fostering their academic success and personal development.

By instilling in them the belief that intelligence is not a fixed trait but can be cultivated through effort and perseverance, educators and students alike can pave the way for a future filled with boundless possibilities and opportunities for growth.



**Rupjyoti Dowerah**  
Social Science Educator - Senior School

