



**EKYA
SCHOOL
JP NAGAR**

THE BULLETIN

AUGUST 2024



CAMPUS HIGHLIGHTS

Investiture Ceremony

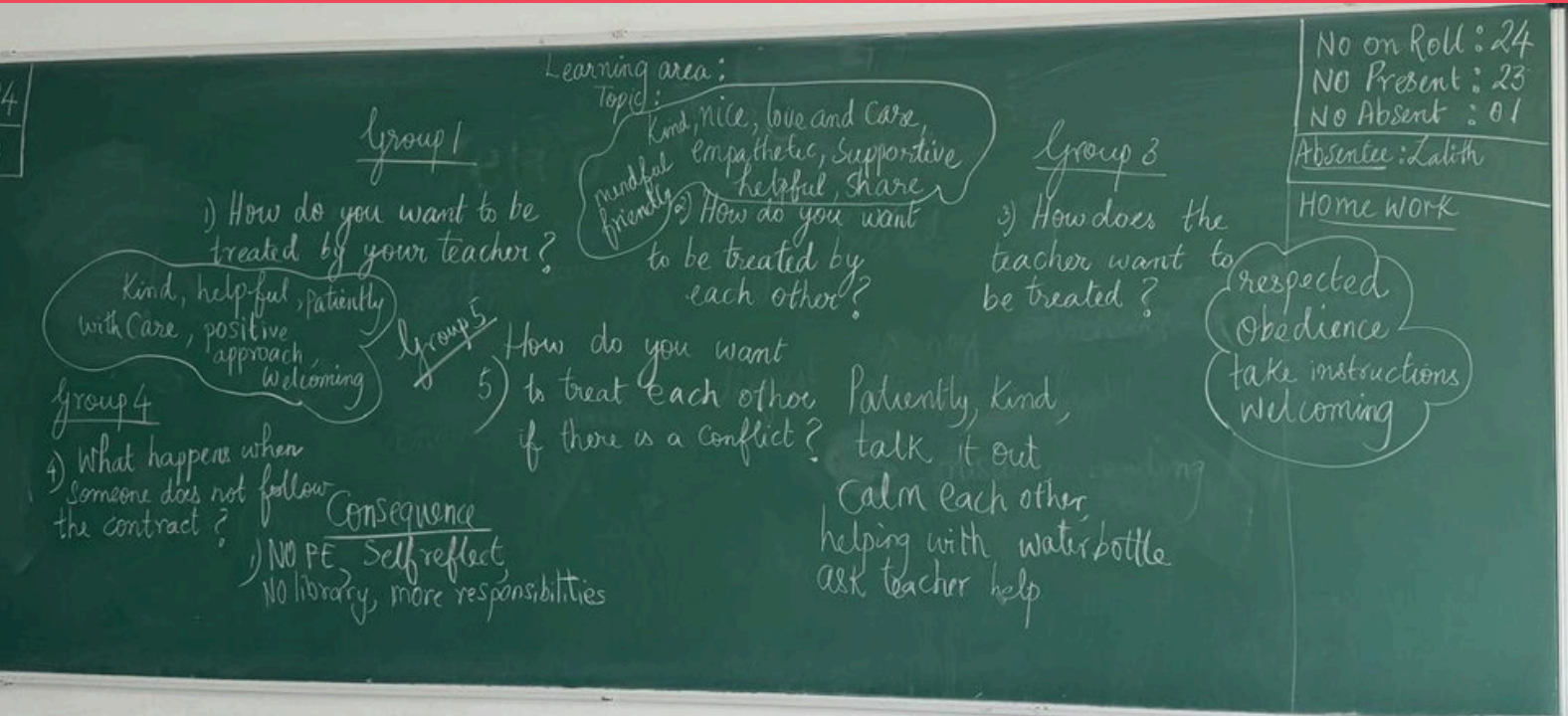
Ekya JP Nagar held a momentous Investiture Ceremony presided over by Dr. Tristha Ramamurthy. The ceremony saw the newly elected student council members take an oath, pledging to be empathetic leaders and contribute meaningfully to society. Dr. Tristha's inspiring message resonated with the students, marking a significant step in their journey towards leadership and social responsibility. This ceremony is a significant event for the school community, as it empowers students to take on leadership roles and contribute to the school's positive environment.



Field Trip to Rangashankara

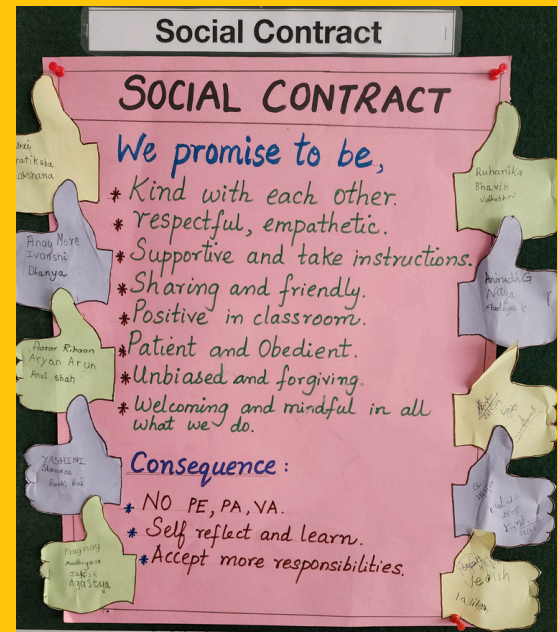
Field trip to Rangashankara - It was an amazing experience for our early years group to see a puppet play on a world-class stage at Rangashankara. Mr. Max's delineation of the story 'The Rabbit and the Hedgehog' was tidy. The magic box he carried, with all the props required for the show, captured their attention. They were spellbound to see the box transform into a drawing room with a beautiful window through which the rabbit entered and joined the hedgehogs for a high tea.





CULTURE AT CAMPUS

At Ekya, we believe in nurturing independent learners who take responsibility for their actions. Our Social Contract is a testament to this belief. It's more than just a set of rules; it's a collaborative agreement forged between teachers and students. By defining classroom expectations and consequences together, we create a positive and productive learning environment. This approach empowers students to become active participants in their education, fostering a sense of ownership and accountability. Our Social Contract is a dynamic tool that evolves with the needs of our students, ensuring that our classrooms are always nurturing and conducive to learning.





WELCOME ON BOARD

ABE Endorsed KidsMBA is now available to children through
Ekya Schools & CMR NPS

LEARNING BEYOND THE CLASSROOM

Kids MBA

Our students are excited to dive into the world of entrepreneurship, teamwork, and innovation. This August, we're thrilled to launch the Kids MBA program—a super exciting, interactive journey where students unlock the secrets of the business world and have a blast while doing it! Imagine students creating their own business plan, designing a brand logo, and even launching a mini-enterprise! Students will work on fun projects that will let them bring ideas to life. By engaging with real-world scenarios and learning from experienced professionals, students gain insights that go beyond traditional classroom education. We look forward to our future business leaders making the most of this exciting new opportunity!

Wrap Around Program

This past month has been a whirlwind of excitement and discovery as students dove into our vibrant wrap around activities! From the budding scientists in our robotics classes crafting innovative solutions to real-world problems, to the aspiring athletes in football classes playing competitive matches, each day was a new adventure. The Wrap Around program began in the month of July with a bang and focused on activities that cater to diverse student interests. Whether it's mastering a new instrument, perfecting a karate move, or discovering a love for robotics, our programs provide a supportive environment where students can thrive and grow.



Field Trip

Students were excited to explore a world beyond classrooms and delve into real world experiences as a part of the Field trips conducted at Ekya Schools. We believe field trips are a fantastic way for students to experience learning in a whole new environment. Whether it's visiting a local neighborhood supermarket, exploring a sustainability museum, or touring an innovation lab, these trips bring classroom lessons to life. Students were transported into the world of drama and performance with our trip to the theater. From behind-the-scenes tours to watching an incredible live performance, to science museum experience it was an unforgettable experience.





College and Career Guidance Initiatives

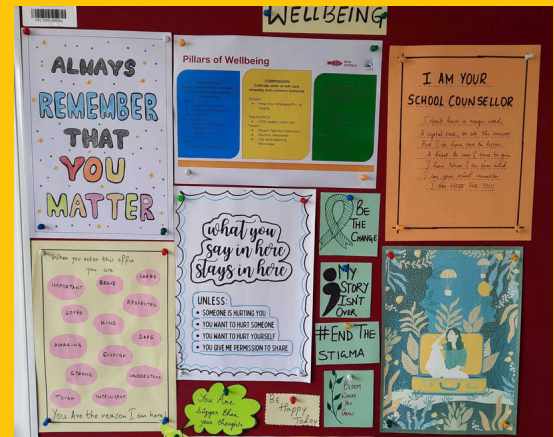
In July, the College and Career Guidance (CCG) department organized several key programs and activities designed to support our students' academic and career aspirations. Here's a summary of the month's initiatives:

Monthly Student Sessions: The focus for our students in the month of July was on Job Shadowing. Students were introduced to the concept of job shadowing, where they gained insights into various professions by observing professionals in their workplace. These sessions were aimed at providing students with a real-world understanding of different career paths, helping them make informed decisions about their futures.

General Check-Ins Across All Campuses: Regular check-ins were conducted across all campuses to ensure that students are on track with their academic and career planning. These check-ins provided an opportunity for students to discuss their goals, seek guidance, and address any concerns they might have regarding their college and career preparations.

Webinar - Study in Australia: A highly informative webinar on studying in Australia was held, offering students and parents valuable insights into the academic opportunities available in Australian universities. The session covered various aspects such as admission processes, courses offered, scholarships, and the overall student experience in Australia.

These initiatives are part of our ongoing commitment to providing comprehensive support and guidance to our students, helping them navigate their academic journeys and prepare for successful careers. The CCG department will continue to offer a range of activities and resources to ensure our students are well-equipped to achieve their aspirations.



Wellbeing Initiatives

In July, the Wellbeing Department conducted several key programs and activities, including a comprehensive session on health and routine for grades 1-10, aimed at helping students establish holistic health routines. The month featured regular student and parent check-ins, and introduced the first parent wellbeing session of the year, focused on "Creating a Healthy Routine for the Family." Aligning with the month's overarching theme of health, all wellbeing initiatives across campuses adhered to this focus, reinforcing the importance of holistic wellness.





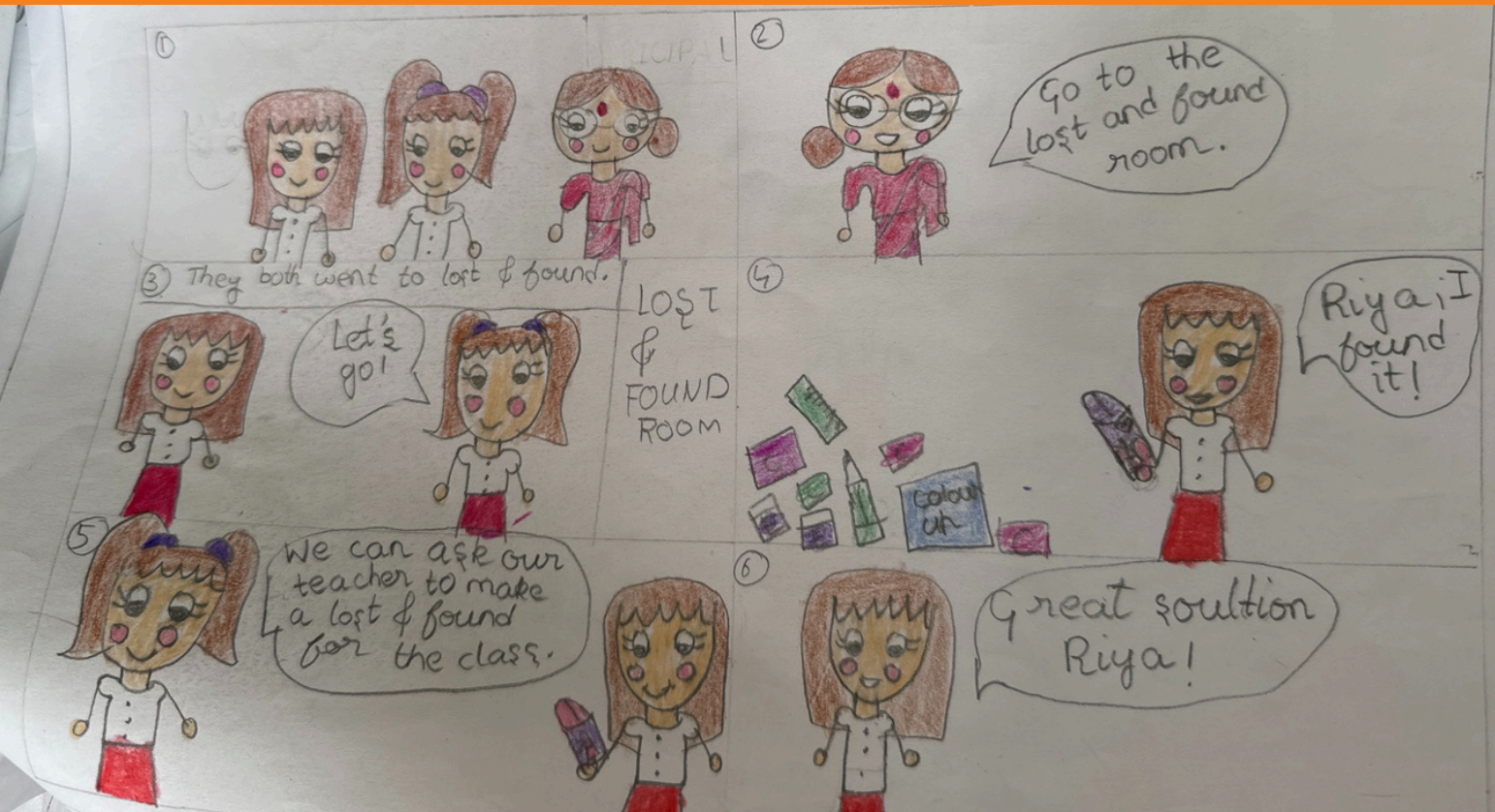
PROFESSIONAL DEVELOPMENT

We had a series of Professional Development sessions throughout the month with various teams. We began the month with a training session for school coordinators. Our educators who have enrolled in special programs attended a virtual session on Mindfulness and Wellness.



The Ekya culture that we advocate does not stop with teachers and students. The PDI team is committed to fostering a learning culture among all our stakeholders. In line with this idea, we had a session on Social Contract for our Head Office employees. We conducted a three-day special training program at our new Ekya Nava campus for our Admission Counsellors, Assistant Managers and Front Office staff members across campuses.



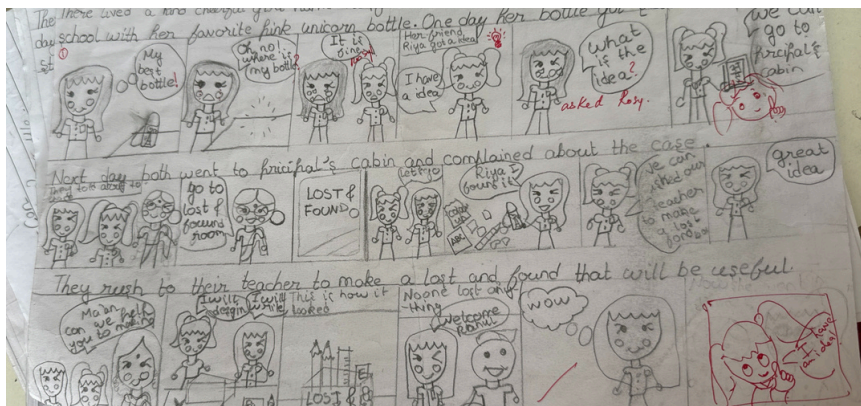


LEARNING & INSIGHTS

Mastering the Art of Drafting, Redrafting, and Feedback for Exceptional Writing

In our pursuit of academic excellence, the writing process plays a crucial role in sharpening our students' skills and producing high-quality work. The Writing Process enables our students to refine their ideas, enhance their writing, and strive for efficiency and excellence. Through mastering the stages of prewriting, drafting, redrafting, and receiving feedback, our students are developing life skills that are invaluable both academically and professionally.

The writing process begins with prewriting, brainstorming, idea generation, and research to lay the groundwork for their writing. Focus on identifying their target audience. Transformation of ideas and insights into a cohesive narrative or informative piece. During this stage, students focus on organizing their thoughts, developing their writing style, and creating a compelling structure that engages the reader.

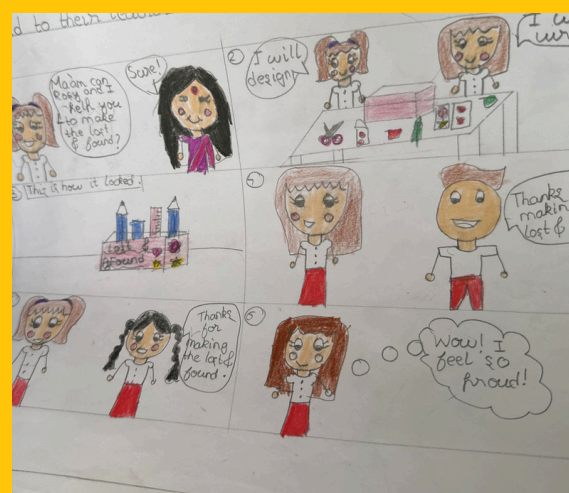


The Role of Feedback

Teacher and peer feedback play a crucial role in guiding student's learning and growth. Effective timely feedback Teachers and peers help students reflect on their work, set improvement goals, and apply feedback to demonstrate learning.

Celebrating Student Success

Immense pride for the students who have successfully navigated the writing process and produced exceptional work. This achievement is a testament to their dedication, creativity, and hard work, as well as the support and guidance from our dedicated faculty.



STUDENT EDGE

Embracing Failure: A Stepping Stone to Success

To most people, failure is the greatest setback to business. But looking closer, you will realize that most successful entrepreneurs and companies have had great flops before achieving greatness. By examining a few of these failures, we can uncover valuable lessons that illuminate the path to success.

First of all, let's talk about why **marketing research** is important. This is something very important because at the end, the majority of businesses fail since there is a lack of knowledge about the markets. A typical example is that of New Coke, which was launched in 1985. The company Coca-Cola, as an expansion strategy, changed a century-old formula to a sweeter one. The backlash was almost instantaneous and fierce. What the customers wanted is to get their original Coke back, but instead, they were given Coca-Cola Classic. This fiasco showed how, perhaps, the most gigantic companies in the world could not properly get what the real needs of its consumers were.

Another common reason for business failures is the lack of a clear and **adaptable business model**. Take the case of Blockbuster: in its time, this company was the place for movie rentals. However, it failed in the matter of digital streaming.

Netflix started with a DVD mail service but very quickly moved into streaming, making an absolute game-changer in the way people consume media. Blockbuster had no foresight regarding such changes and thus was done for.

Overexpansion is another pitfall that has led to the collapse of many businesses. Such is the example of the fast growth of Borders: the company, already in the 90s, and even before the year 2000, began aggressively increasing the number of its stores, not even suspecting some threats from the rapidly growing business of selling books online, not to mention the future financial crisis. Coupled with the fact that the number of outlets over-expanded and, of course, completely coupled with a lack of investment in online sales, it eventually led to their going bust in 2011. Finally, **lack of innovation** can be a sealed fate for a company. Kodak, once a giant in the photography business, came up with the digital camera but hesitated to develop it, thinking that it was its own film business that the camera would cannibalize.

This ensured their rivals would benefit from digital photography—the fall of Kodak. In other words, what can actually be learned from these failures? First of all, get to know your market. Do not assume in any case what clients want unless there is very detailed research. Second, be flexible. The environment is always changing, and flexibility is what sometimes makes the difference between failure and success. Grow, but grow smartly. Yes, growth is necessary, but to grow out of sheer ambition without a clear plan may be fatal in business.

Lastly, **welcome innovation**. The world is dynamic, and businesses have to change with it in order to remain relevant. Remember the saying: Failure is not an end but a valuable instructor. One learns from such failures that move one towards smarter strategies and more resilient business models. Remember, **every failure carries a seed of success—it's up to you to make it grow**.



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Grade 10B, Ekya JP Nagar

TEACHER BLOG

Nurturing Mental Wellbeing in Teachers: A Key to Thriving Classrooms

Teaching is one of the most rewarding professions, yet it is also one of the most challenging. The role of a teacher extends far beyond delivering lessons; it involves nurturing young minds, fostering a positive learning environment, and often acting as a mentor and confidant. Given these demands, maintaining mental wellbeing is crucial for teachers to thrive both personally and professionally.

Understanding the Importance of Mental Wellbeing

Mental wellbeing is not just the absence of mental illness; it encompasses a state of balance and fulfillment, where teachers feel capable, connected, and content. A teacher's mental health directly impacts their ability to teach effectively, build meaningful relationships with students, and create a supportive classroom atmosphere. When teachers are mentally well, they are more resilient, creative, and motivated, which in turn benefits their students and the entire school community.

Strategies for Enhancing Mental Wellbeing

1. Self-Care is Non-Negotiable:

Teachers often prioritize their students' needs over their own, but self-care is essential. Simple practices like getting enough sleep, eating nutritious meals, exercising, and setting aside time for hobbies and relaxation can significantly boost mental health.

2. Set Boundaries:

It's easy for teachers to take work home, both physically and mentally. Setting boundaries, such as designating specific times for work and personal life, can help prevent burnout. Remember, it's okay to say no sometimes.

3. Seek Support:

Having a strong support network is vital. Whether it's talking to colleagues, joining a professional learning community, or seeking professional counseling, sharing experiences and challenges can provide relief and new perspectives.

4. Mindfulness and Stress Management:

Incorporating mindfulness practices, such as meditation, deep breathing exercises, or yoga, can help manage stress and improve focus. These techniques promote a sense of calm and can be integrated into daily routines.

5. Professional Development:

Engaging in ongoing professional development can be energizing and inspiring. Learning new skills, exploring innovative teaching methods, and staying updated with educational research can reignite passion for teaching and reduce feelings of stagnation.

6. Create a Positive Work Environment:

A supportive school culture where teachers feel valued and appreciated can significantly enhance mental

Conclusion

Investing in teachers' mental wellbeing benefits the entire educational system. When teachers feel mentally well, they're more effective in inspiring and educating students, creating a positive learning environment. Prioritizing self-care, setting boundaries, seeking support, and fostering a positive work atmosphere are key. Remember, maintaining mental health is a continuous journey, and seeking help is okay. A thriving teacher creates a thriving classroom. Let's support each other in this journey!



Ms Shweta Narayan
English and Social Science Educator

